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**Balmore Kindergarten Menu – Week**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Lunch choice 1  (vegetarian) | Scotch Broth  With a sandwich | Scotch Broth  With a sandwich | Scotch Broth  With a sandwich | Scotch Broth  With a sandwich | Scotch Broth  With a sandwich |
| Lunch choice 2  Pudding | Fish Fingers, Boiled potatoes & pea’s  Fresh fruit with yoghurt | Mince and mashed potatoes with mixed veg  Fresh fruit with yoghurt | Stewed sausages with boiled potatoes  Fresh fruit with yoghurt | Chicken and Leek Pie with mixed veg  Fresh fruit with yoghurt | Lasagne and broccoli with garlic bread  Fresh fruit with yoghurt |
| Afternoon snack | Fresh fruit  &  Filled sandwiches | Fresh fruit  &  Pancakes | Fresh fruit  &  Crackers and cheese | Fresh fruit  &  Strawberry yoghurt cake | Fresh fruit  &  Rice Cakes |



**Fresh Milk and water are offered with all meals and snacks, Water is available throughout the day**