3

**Balmore Kindergarten Menu – Week**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Soup of the week | Lentil With a sandwich  | Lentil With a sandwich | Lentil With a sandwich | Lentil With a sandwich | Lentil With a sandwich |
| Lunch choice 1Lunch choice 2Pudding | Mince and potatoes with VegSoya Vegetable RiceFresh fruit with yoghurt | Pizza, garlic bread and saladBeef Lasagne, garlic bread and saladFlavoured sponge cake with fresh fruit | Mac N Cheese Beans and toastFresh fruit salad | Chicken curry Cold meat platter Ice Lolly&Fresh fruit | Scrambled egg with ToastChicken Fajitas Jelly with Fruit |
| Afternoon snack | Fresh fruit&Popcorn | Fresh fruit&Cookies and milk |  Fresh fruit&Sandwiches | Fresh fruit&Breadsticks and dips | Fresh fruit&Rice Cakes |



**Fresh Milk and water are offered with all meals and snacks, Water is available throughout the day**