**Balmore Kindergarten Menu – Week**

 

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Soup of the week | Tomato with a Sandwich | Tomato with a Sandwich | Tomato with a Sandwich | Tomato with a Sandwich | Tomato with a Sandwich |
| Lunch choice 1Lunch choice 2Pudding | Mild Chilli Pot with nachosScrambled egg and toastFruit Salad | Cowboy PieCold meat platterIce Lolly&Fresh fruit | Potato, broccoli and cauliflower pieQuiche with boiled potatoes and VegFresh fruit with yoghurt  | Meatball Pasta in a tomato sauceBake Potato with a selection of fillingsJelly with fruit | Cheesy Beano’s Fish fingers, beans and starsFresh fruit &Sponge cake |
| Afternoon snack | Fresh Fruit &Breadsticks and dip | Fresh Fruit&Pancakes | Fresh Fruit&Rice cakes | Fresh Fruit&Mini sausage rolls | Fresh Fruit&Crackers and cheese |



**Fresh milk and water are offered with all meals and snacks, Water is available throughout the day**