3

**Balmore Kindergarten Menu – Week**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Soup of the week | Lentil  With a sandwich | Lentil  With a sandwich | Lentil  With a sandwich | Lentil  With a sandwich | Lentil  With a sandwich |
| Lunch choice 1  Lunch choice 2  Pudding | Beef burger with crispy potatoes and Veg  Soya Vegetable Rice  Fresh fruit with yoghurt | Pizza, garlic bread and salad  Beef Lasagne, garlic bread and salad  Flavoured sponge cake with fresh fruit | Mac N Cheese  Beans and toast  Fresh fruit salad | Chicken curry  Cold meat platter  Ice Lolly  &  Fresh fruit | Scrambled egg with Toast  Chicken Fajitas  Jelly with Fruit |
| Afternoon snack | Fresh fruit  &  Popcorn | Fresh fruit  &  Cookies and milk | Fresh fruit  &  Sandwiches | Fresh fruit  &  Breadsticks and dips | Fresh fruit  &  Rice Cakes |



**Fresh Milk and water are offered with all meals and snacks, Water is available throughout the day**