**Balmore Kindergarten Menu – Week**

 

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Soup of the week | Minestrone With a Sandwich | Minestrone With a Sandwich | Minestrone With a Sandwich | Minestrone With a Sandwich | Minestrone With a Sandwich |
| Lunch choice 1Lunch choice 2Pudding | Fish, peas and crispy potatoesBeans and toastIce Lolly &Fresh fruit | Chicken Curry Sweet chilly vegetable rice bowl Jelly with Fruit | Bangers and Mash with side of VegMac and Cheese Fresh fruit with Yoghurt  | Beef Lasagne with garlic bread & saladPizza with garlic bread & saladFruit salad | Vegetable Casserole Cold meat PlatterFlavoured sponge cake with fruit  |
| Afternoon snack | Fresh Fruit &Rice Cakes | Fresh Fruit &Filled Croissant | Fresh Fruit&Bread Sticks and dips  | Fresh Fruit &Crackers and cheese | Fresh Fruit &Biscuits  |



 Fresh Milk and Water is offered with all meals and snacks, Water is available through out the day