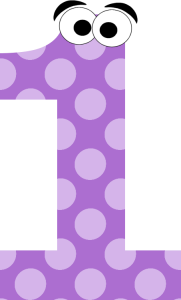
**Balmore Kindergarten Menu – Week**



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Soup of the week | Minestrone  With a Sandwich | Minestrone  With a Sandwich | Minestrone  With a Sandwich | Minestrone  With a Sandwich | Minestrone  With a Sandwich |
| Lunch choice 1  Lunch choice 2  Pudding | Fish, peas and crispy potatoes  Beans and toast  Ice Lolly  &  Fresh fruit | Chicken Curry  Sweet chilly vegetable rice bowl  Jelly with Fruit | Bangers and Mash with side of Veg  Mac and Cheese  Fresh fruit with Yoghurt | Beef Lasagne with garlic bread & salad  Pizza with garlic bread & salad  Fruit salad | Vegetable Casserole  Cold meat Platter  Flavoured sponge cake with fruit |
| Afternoon snack | Fresh Fruit  &  Rice Cakes | Fresh Fruit  &  Filled Croissant | Fresh Fruit  &  Bread Sticks and dips | Fresh Fruit  &  Crackers and cheese | Fresh Fruit  &  Biscuits |



Fresh Milk and Water is offered with all meals and snacks, Water is available through out the day